

Dream
ORACLE CARDS

FOR THE AWAKENING DREAMER

by
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FUSIONART by
RASSOULI

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INTRODUCTION

Words are like a finger pointing at the moon.

~ZEN TEACHING

It doesn't matter from what geographical location we hail, what ancestral blood runs through our veins or what the vocal expression is that we call our mother tongue. If we go back to the beginning of time—back to cave paintings—we would see that our first language is comprised of symbols. According to Carl Jung, when we speak the language of symbols, it harkens us back to our roots, and we are simultaneously speaking the language of the soul.

If you think about it, every word in our language is a symbol, from the esoteric (astrology) to the common (a toothbrush). Even our names, our streets signs and town names are a weave of symbols. In fact, we can't move an inch without bumping into one—we are literally swimming in a sea of symbol and metaphor—and in our dreams we speak this language fluently.

If you have a desire to live a more fulfilling, rich and soulful life, then becoming fluent in the language of symbols and

archetypes (in the waking state) is part of the curriculum. You can do this by decoding your nighttime dreams. You can also do this by paying attention to the signs all around you in your waking reality—by noticing what the songs on the radio are telling you, how the billboards that hover over your head are instructing you and how the messages expressed by your co-workers or significant relationships are nudging you. As you do this, you become the “awake” version of yourself, and, in effect, the co-creator of your “dream” life.

LIVING LUCIDLY

According to the American Hypnosis Association, it is believed that our subconscious is our dreaming mind and it comprises approximately 88 percent of our mind’s power, as opposed to our conscious waking mind, which is only 12 percent of our mind’s power. One way to live a more awake and soulful life is to bridge the gap between the dreaming mind and the conscious mind. . . while we are awake. The *Dream Oracle Cards* can help you do just that. Whether you have exquisite dream recall or can barely remember what you had for breakfast this morning, with these cards you have a tool to deliberately engage, stimulate and inspire access to your dreaming mind. . . and thus your soul.

WHAT IS A DREAM ORACLE?

Dreams are the royal road to the unconscious.

~SIGMUND FREUD

An *oracle*, according to Dictionary.com, is “an utterance . . . given by a priest or priestess at a shrine as the response of a god to an inquiry.”

A *Dream Oracle* uses dream symbols as a springboard to assist you in accessing your own higher wisdom, creativity, healing and direction, whether you have a specific question or desire a dream theme for guidance during your day.

WORKING WITH YOUR DREAM ORACLE CARDS



BLESSING

Before you begin working/playing with your *Dream Oracle Cards* for the very first time, begin with a blessing. For example, you can:

- Light a candle
- Burn sage or incense around your body and over the top and bottom of the cards

While holding the deck in your hands, evoke a prayer like this one (or feel free to create your own) as a way to bless and refresh your cards:

*God/Goddess, Beloved Dream Maker, Holy Spirit,
and all my heavenly guides (insert any name or word here
that calls upon your highest guidance and source),
I open myself to the highest guidance. I consecrate my life
and my Dream Oracle Cards to "Thy Will Be Done" as a
demonstration of my willingness to actualize my dream life
and be all that I came here to this world to be. I am willing
to become "fluent" in the language of my soul. I am willing
to pay attention to the ways life whispers to me so that I
may become the most awakened version of myself, uplifting
the lives of everyone with whom I meet. I know these Dream
Oracle Cards are a physical representation of the love,
wisdom and higher guidance that is always here for me.
Direct me, through the use of these cards, to the highest
possible path, for the greatest good of all. I release this
prayer, knowing it was already done before it was uttered.
Amen. Awomen. A-dreams!*

MESSAGE • MEANING • MANTRA

For each symbol there is a Message, Meaning and Mantra written specifically for each card.

Message: The message of the card is an insight for you that relates to your waking life to help with your earth walk in the light of day.

Meaning: The meaning suggests what the dream symbol may represent if you dream about it by night. You can use this section as a dream dictionary to stimulate your own awareness of what the symbol might mean for you.

Mantra: A mantra is a positive statement that we repeat over and over to condition our mind to align with the resonance of our most awakened life. The mantra related to each symbol is an affirmative statement to empower you to ground the essence of the symbol into your daily life. Consider that where attention goes, energy flows and results show. Think of it like this: your ears hear what your mouth says. Your words are the artist's tools with which you craft your life. A mantra, like an affirmation, can be written down, spoken aloud or read silently. When a mantra is brief, worded positively and emotionally charged with vivid images, it becomes a mental magnet that draws to you the people, places and situations that align with the life of your dreams.

DAILY ORACLE

The dream symbols contained within the *Dream Oracle Cards* explore the 53 most frequently dreamed symbols among modern dreamers.

There are a variety of ways to use the *Dream Oracle Cards*; however, the most basic way is the following:

1. Close your eyes and take several deep breaths.

2. Shuffle the cards as you contemplate a question, such as:

- What is important for me to pay attention to right now?
- What is my message for the day?
- What dream symbol is important for me to connect with today?
- Why am I facing this particular issue right now?
- What is the gift/lesson/blessing in the issue I am facing today?
- What do I need to know to be more successful in my creative endeavors/relationships/health/financial situation/spiritual pursuits?

3. Select a “random” card that feels right to you.

For example, with closed eyes, move your hands an inch above the cards. You will feel either a rise in temperature or a tingling sensation, or your hand will “accidentally” touch a card. That’s the one for you.

4. Meditate upon the card's message and image.

Contemplate the written message that goes with your chosen card, and allow it to help you access your inner answers and guidance.

5. Carry the card with you throughout the day.

Repeat the mantra several times throughout the day, allowing it to speak volumes to you as you receive its navigational nudges.

6. If your nighttime dream features one of the symbols in the *Dream Oracle Deck*, look it up in this guidebook and allow the meaning to stimulate your inner knowing about what the message of the dream holds for you.

7. If you pull an upside down card, consider that it may be bringing up an issue that is in your blind spot, perhaps a “shadow” or an unintegrated aspect of yourself. Revel in the blessed opportunity to bring an aspect of your power (genius, talent, energy) that has been heretofore concealed into the light of your being.

PAST, PRESENT & FUTURE

Pick three cards and lay them in front of you face up from left to right:



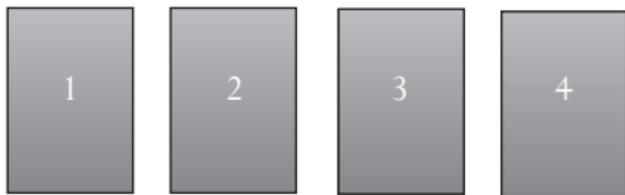
- The first card (left) represents your past.
- The second card (center) represents your present.
- The third card (right) represents your future direction.

This spread is helpful when you desire to gain a clear perspective on the larger “story” of your life. Perhaps you are present to a wound that doesn’t seem to heal and you’d like to gain a new perspective. Or perhaps you are seeking to understand how your past is affecting your present...and your possible future.

As you repeat this process on a regular basis, you not only strengthen the bridge between your conscious and subconscious—the mystical and the mundane, the ocean of your emotion and fertile land of your practical reality—but you incorporate the power of your dreaming mind into your waking reality. Within this practice lies the possibility that you might access 100 percent of your mind’s power, and in so doing discover a more soulful way of interpreting your life and fulfilling the life of your dreams!

PROBLEM SOLVING & CONFLICT RESOLUTION

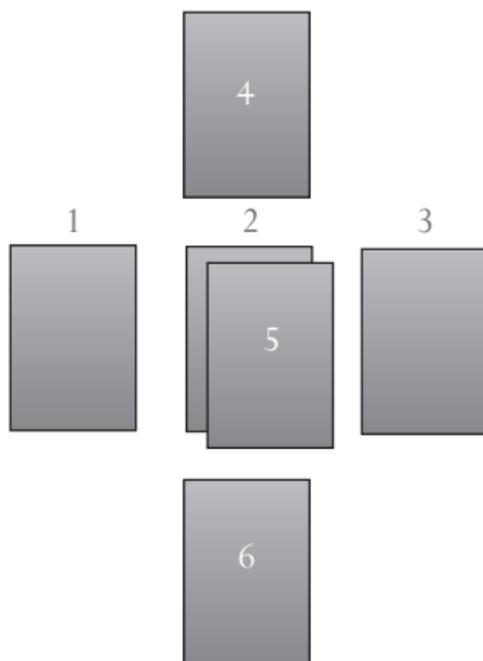
Pick four cards:



1. The first card (on the left) represents insight about the conflict.
2. The second card (second from the left) represents insight into your part of the equation (the aspect of the conflict for which you are responsible).
3. The third card (third from the left) represents insight into the other person's part of the equation (the part that he or she is responsible for).
4. The fourth card (on the right) represents insight into the gift, the lesson and the blessing of this interaction, as well as the possible benefits to both parties.

DEEP HEALING & GUIDANCE (MEDICINE WHEEL)

Pick six cards:



- Place three cards horizontally in front of you, left to right, face up.
- Creating a cross, place the second set of three vertically, from top to bottom, with two cards overlapping in the center.
- Interpret your cards from the perspective of a medicine wheel, for example:
 1. The card on the far right (3) represents East and the element of Air (new beginnings; what you are bringing in).

2. The card on the bottom (6) represents South and the element of Fire (passion, intense feeling, anger, what you are expressing or releasing).
3. The card on the far left (1) represents West and the element of Water (introspection, depth, maturity, flow, what you are learning).
4. The card on the top (4) represents North and the element of Earth (elder wisdom, completion, groundedness, the end of the cycle, what you are to teach).
5. The card on top in the center (5) represents wisdom from above (Grandfather Sky—the highest perspective, omniscient awareness, wisdom you are to project).
6. The card on the bottom in the center (2) represents wisdom from below (Grandmother Earth, nurturing, healing/guidance, what you are to embody).

FOR THERAPISTS & DREAM-LIFE COACHES

In order to assist your clients in accessing a deeper insight or spiritual awareness of the “signs” around them, ask them to identify a question or issue on which they would like guidance.

- Ask your clients to choose a card.
- Encourage them to read the card’s message, meaning and lastly, the mantra.
- Ask them to identify any insights, thoughts or feelings that have been triggered by the card’s information or its image.
- Hold the space for your clients to draw their own associations regarding the answers to their questions, and the corresponding action steps that arise as a result of this dialogue.

BEFORE BED

As you tuck yourself into bed, become centered by taking several deep breaths.

- Ask God, your spirit guides, angels or whomever you feel most comfortable praying to/with to help you choose a card that contains the information and energy to guide your dreaming.
- Meditate for a few moments on the card’s mantra and image as you lay in bed. Allow this meditation to lead you into your dreamtime.

- Take note of your dreams upon awakening in the morning.
- Become aware of any correlation between your dreams and the *Dream Oracle Cards*.

UPON AWAKENING

If you awaken from a dream that features one of the symbols included in the *Dream Oracle Cards*, look it up in this guidebook.

- Allow the dream's meaning to stimulate your inner knowing about what the message of the dream holds for you.
- If your dream or dream symbols are not featured in the *Dream Oracle Cards*, you can look it up in *I Had the Strangest Dream: The Dreamer's Dictionary for the 21st Century* or any other dream dictionary or book of symbols.
- Carry the dream, dream symbol or the card with you throughout the day. Become aware of any synchronicities related to your dream...and any corresponding action that it may inspire (i.e. make an important phone call, ask your boss for a raise, launch your new business, throw yourself a party or buy a lottery ticket...whatever it is that would be your next bold move toward living the life of your dreams).

MY PRAYER FOR YOU

I pray these cards open you to your highest guidance and that you become so fluent in the language of your soul that you co-create the most heavenly life for yourself and all beings you encounter. May you become an awakened version of yourself and may you know that with each card you hold, you are surrounded with more love, wisdom, beauty, healing and creative energy than you could ever fathom. May these physical representations of divine love remind you that you are precious and that your dreams (both the nighttime and daytime ones) are held as sacred to the One who dreamed you into being. May your wildest and most wonderful dreams and dream life all come true!

Amen. Awomen. A-dreams!

— KELLY SULLIVAN WALDEN

AIRPLANE



Spread your wings and fly

MESSAGE

Your dreams are taking flight, and you are awakening the ability to see life from a higher view. This objective perspective makes everything crystal clear. Even challenging circumstances, when seen from a bird's-eye view, become simple. As you rise above the ego, you can truly choose to “Be in the world but not of it.” You are now being presented with an opportunity to soar above the clouds...and beyond!

MEANING | Liberation

Dreams of an airplane represent the desire and ability to experience life from a higher view—to live on a higher “plane.” If the plane in your dream is experiencing turbulence, you may be in the midst of dramatic change, and you are being shown that you must take time to stabilize your energy. If the plane is on the ground, you are being guided to have patience as you prepare for your next journey. If you are soaring through the air, your goals are in midflight, and you are well on your way to manifesting your desires.

MANTRA

I am supported as I fly to the heights of my fullest potential!

ALIEN



*Accept that you are an unrepeatable,
spectacular phenomenon*

MESSAGE

You are unique, just like everyone else. Being cast out is among one of our deepest, most primal fears. But you can relax knowing that, despite appearances, you are inherently connected to the whole of life. With this awareness, it is now safe to probe into the places where you feel different, where your out-of-sight, out-of-the-box talent and genius waits to express...with a bullhorn! Bring light to these hidden aspects of your uniqueness and watch the illusion of separateness and your longing for belonging dissipate. Honor the fact that you stand out from the crowd, and learn to wave your “freak flag” with pride!

MEANING | Uniqueness

Often what is most “alien” to us is ourselves—especially our higher selves. Alien dreams reveal feelings of rejection, loneliness and alienation. Perhaps you are afraid of exposing your true self for fear of being cast out. If your dream takes place in outer space, you are opening to a universal perspective beyond the myopia of mundane ordinary life, tapping into unexplored solutions and inspiration. A higher vision is now here to assist you with your earthbound challenges.

MANTRA

*I am a one-of-a-kind creation, and my uniqueness is fully embraced by my Universal Family that is united in Love.
Wherever I go, I know I am home.*

ANGEL



Tap into your higher wisdom

MESSAGE

Don't you sometimes feel that a team of angels is needed to help you through the day? Voila! Here they are! Take a deep breath, and feel their glowing, strengthening, uplifting presence. Your angel's essential message to you is that you are loved more than you know, and you are never alone. They are also revealing life-changing information and reassurance, as well as protection and guidance beyond what can be measured. Your job is to acknowledge the presence of these beings of light, recognize the answers they are offering, act on their guidance, and say "yes" to their assistance. It is yours for the allowing.

MEANING | Supernatural Support

Dreams of an angel mean that assistance is here for you. You are tapping into your own healing abilities; higher guidance; and the realization that you are loved, adored and always being guided.

MANTRA

*I am gifted and uplifted by all that is seen and unseen.
Everything is working together to support my greatest good.*

ANIMAL



Embrace your wild side

NOTES

For our complete line of tarot decks, books,
meditation cards, oracle sets, and other inspirational
products please visit our website:
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